

No Menthol
SUNDAY

CELEBRATED SUNDAY, MAY 18, 2025

“Clearing the Way”

KIDS COLORING BOOK

CREATED BY:





Featured Artist for 2025

Shami L.

Graphic Designer and Healing Arts Facilitator
Milwaukee, WI

My favorite thing is community healing. In my spare time I love to color. Coloring is a great tool and stress reliever for all ages. When I learned about this initiative I was so excited to be apart of it because not only did it include coloring and design. The project was centered around creating change in our community.

No Menthol Sunday is a wonderful message to convey and is needed. I know that it takes a village to raise and support our children which are our future. Many learn by watching what we do. As adults we can begin to seek better ways to combat stress, demonstrate and lead healthier lives. With more awareness, self love, support, unity, determination and hard work. We, together can knock out the use of menthol in our community.

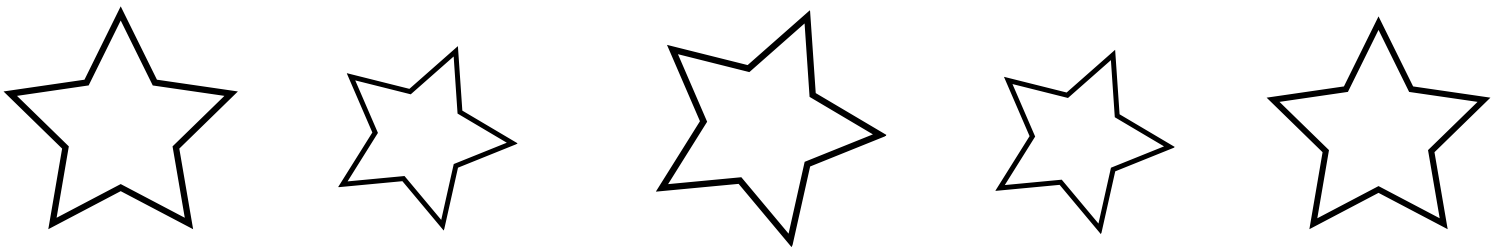
I am looking forward to change and also being apart of future projects that welcome and promote healing for all. **We are worthy!**

Special thanks to my family, close friends, WeMerge Media, The Center for Black Health & Equity, Jump at the Sun Consultants, and beautiful community members for supporting this work.

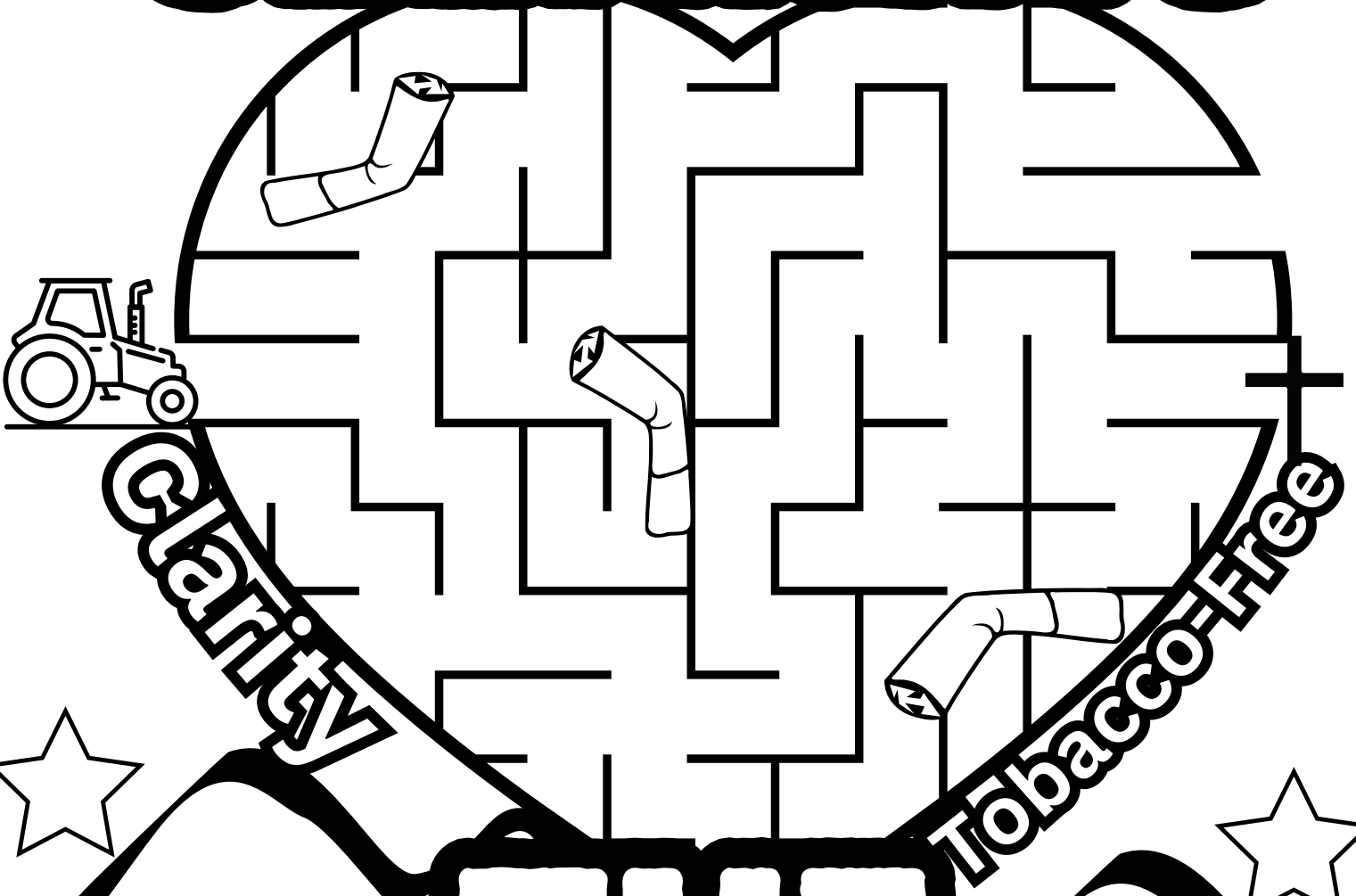




**CLEARING
THE
WAY!**



CLEARING



THE

WAY



CLEARING THE WAY

You Got This!

No Menthol Sunday

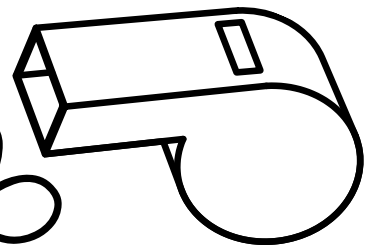
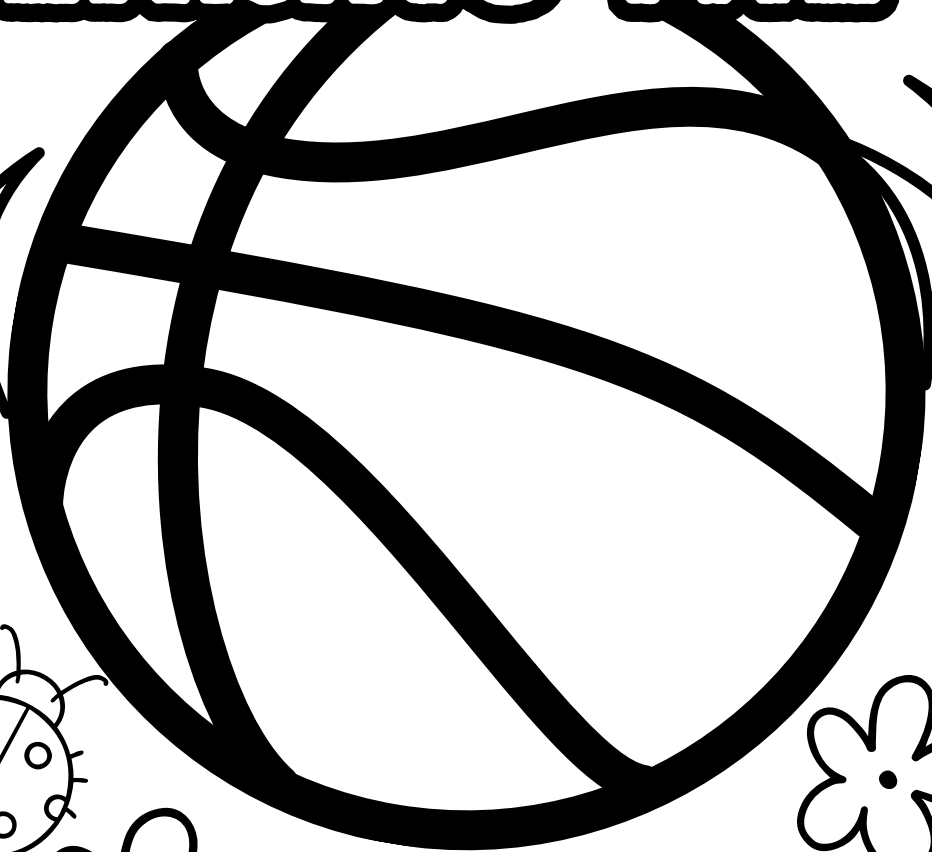
FOR A TOBACCO-FREE LIFE



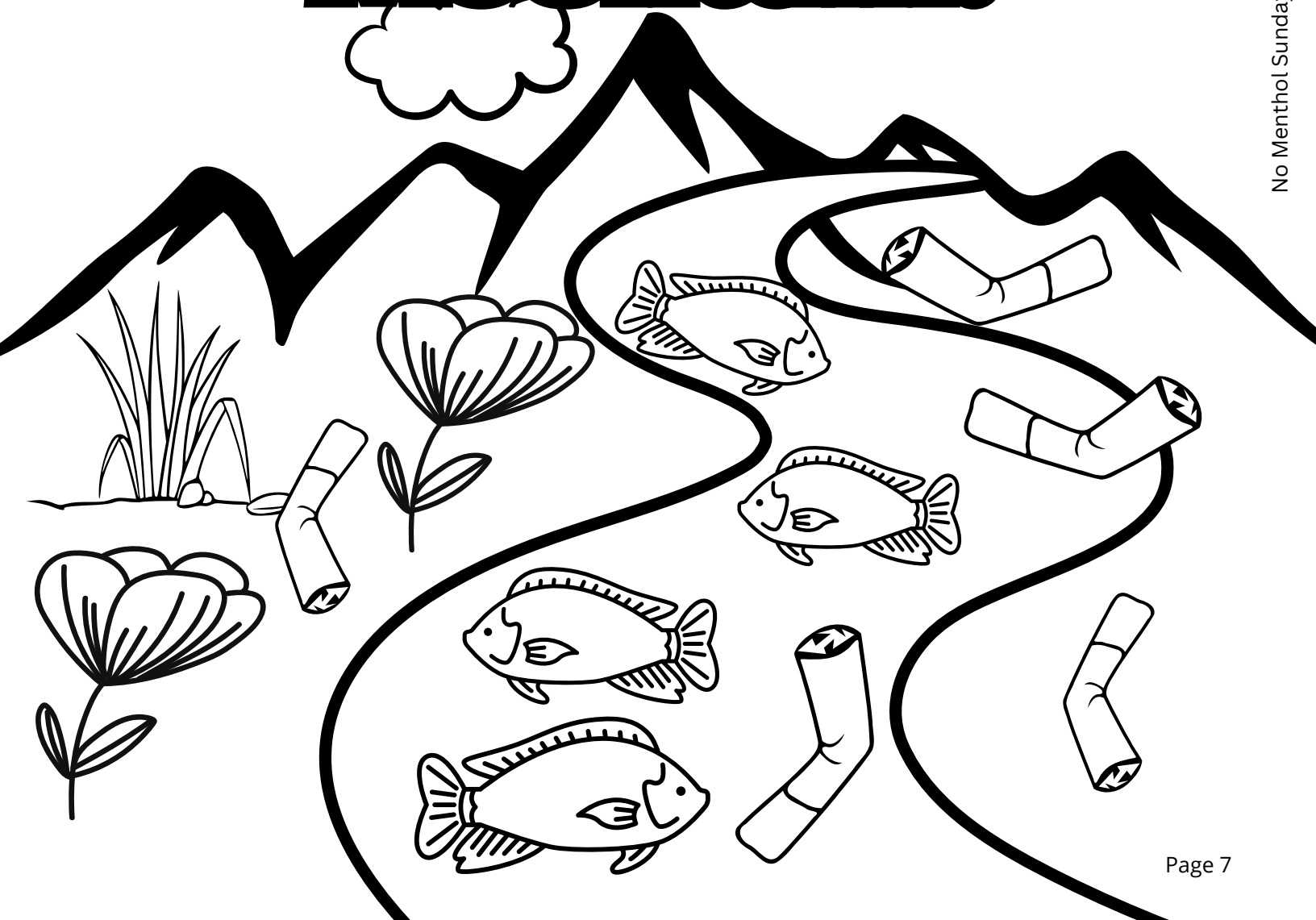
NO MENTHOL SUNDAY



**GOD IS MY COACH,
CLEARING THE WAY.**



Circle What Doesn't Belong On The Mountain.



No Menthol Sunday

Isaiah 43:18-19 (NIV)

"FORGET THE
FORMER THINGS:
DO NOT DWELL ON
THE PAST. SEE,

I AM DOING
A NEW THING!
NOW IT SPRINGS
UP: DO YOU NOT
PERCEIVE IT? I AM
MAKING A WAY IN
THE WILDERNESS
AND STREAMS IN"
THE WASTELAND."

