

# No Menthol

SUNDAY

Empower  
yourself with  
knowledge.

We know how they  
choose to hurt us. Use  
this knowledge to create  
a tobacco-free world.

For more information, visit  
[www.nomentholsunday.org](http://www.nomentholsunday.org)



# No Menthol

SUNDAY

“Clearing  
the way”

Every day you go  
without menthol  
is a victory for  
your body, mind,  
and **future.**



THE CENTER FOR  
BLACK HEALTH & EQUITY



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SUNDAY

We can clear a  
path to freedom  
from tobacco

Incite passion this No Menthol Sunday by uplifting conversations around tobacco-related health.

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